Instructions

1. Bite the gauze thirty minutes, do not chew.
2. You might bleed a little for 24 hours.
3. Do not smoke, spit, or use a straw.
4. Apply ice to your face to help feel better.
5. Take 1 acetaminophen every 4 hours as needed for pain.
6. Eat and drink only cold things for 24 hours.
7. Return if the pain worsens.

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