

# Ideal Formulary

<b>Medication</b>	<b>Quantity</b>	<b>Directions</b>
<b><u>Antibiotic</u></b>		
Amoxicillin suspension 125mg in 5 ml	40	40 mg/kg/d divided in 2-3 doses
Amoxicillin capsules 500mg	2000	1 cap 3x/d
Ampicillin injectable 1g.	3	mod:100-200mg/kg; severe:200-400mg/kg divided q6 hrs. IM; adults: 1-2g q 4-6hr.
Ceftriaxone 1 g.	1	Peds: 50-75mg/kg/d, meningitis 100mg/kg/d Adults 1-2g/d IM/IV
Ciprofloxacin 500mg	100	250-750mg bid; UTI=100mg bid x3d:
Gc=250x1 Cloxacillin 250 mg	1000	1-2 qid; 50-100mg/kg qd (divided qid)
Co-trimoxazole Susp. 200-40/5ml. 100ml	25	1 tsp./ 10kg /day divided in 2 doses
Co-trimoxazole SS (SMZ/TMP) 80/400	1000	2 tab 2x/d
Doxycycline 100mg	1000	1 cap 2x/d
Erythromycin tablets 250mg	1000	1 tablet 3x/d
Gentamycin injectable 80mg	3	1mg/kg q8hr. or 5-7mg/kg. Qd IM
Metronidazole tablets 250mg	1000	1 tablet 3x/d
Metronidazole Solution 125 mg/5ml 100ml.	25	15-35mg/kg/day divided tid
<b><u>Antihistamine/Decongestants</u></b>		
Chlorpheniramine 4mg	4000	q 4-6 hrs.
<b><u>Antihypertensives</u></b>		
Atenolol 50 mg.	2000	1 po qd - bid
Captopril 25 mg	1000	6.25-150mg po tid
Hydrochlorothiazide 50mg	2000	qd
<b><u>Antiparasitic/Antimalarial</u></b>		
Albendazole 200mg.	2000	2 po once
Chloroquine 250mg	1000	4 now, then 2 po. Q 12hr. x 3.
Vermox (Mebendazole) 100mg tablets	1000	1 tablet bid x3d
<b><u>Endocrine</u></b>		
Glibenclamide 5 mg.	2000	5-20mg. q day
OCP's 28d (Ethinylestradiol .03/norgestrel .3)	10	qd
<b><u>ENT</u></b>		
Gentamycin Ophth. Gtts.	20	q 3-4 hrs.
<b><u>GI</u></b>		
Anti hemorrhoid oint. (Lidocain, ZnO2, Bismuth)	10	Apply p.r. q 6 hrs. prn
Bisacodyl 5 mg.	1000	age2-11=5-10mg po prn; >2 =10-15mg. po
prn		
Cimetidine 200mg	2000	2 bid or 2-4 qHS
Magnesium Trisilicate (Gaviscon)	3000	1-2 tabs q 4-6 hrs.
Oral Rehydration Solution	100	mix 1 packet with 1 liter clean H2O
<b><u>Pain/Anti-inflammatories</u></b>		
Asprin 500 mg	1000	1-2 q 4-6 hr.
Diclofenac 25mg enteric coated	1000	25-75mg po bid
Ibuprofen 400 mg.	1500	1 po tid- qid
Paracetamol 120mg/5ml. syrup	5 liters	10-15mg/kg/dose q 4 hrs.
Paracetamol 100mg	1000	10-15mg/kg/dose q 4 hrs.
Paracetamol 500mg	5000	1-2 q 4hr.
<b><u>Psychiatric/Neuro.</u></b>		
Amitriptyline 25mg.	1000	25-300mg. Q H.S.

**Respiratory**

Salbutamol 4mg	1000	½ - 1 tab. Tid
Salbutamol 2mg	1000	½ - 1 tab. Tid

**Topicals**

Benzylbenzoate 25%	2 liters	Lice: apply 1 oz to hair for 10 min. then rinse Scabies: apply 1 oz to body below chin and in 8-12 hrs.
rinse		
Betamethasone 0.1% cream 15g.	50	bid-tid
Clotrimazole Skin Cream	100	bid
Hydrocortisone Cream 1%	50	bid-tid
Neomycin/Bacitracin 15g. tube	50	qd - tid
Nystatin Oral Susp. 30ml.	2	ped: 2ml po qid; adult 5ml po qid
Nystatin Vaginal Tabs 100,000u	400	insert deep into vagina qd-bid x 14d

**Vitamins**

Ferrous Sulfate 200mg/ Folate .25mg. tabs	5000	qd-tid
Multivitamins	15000	qd

**Miscellaneous**

Bolsas para medicina	3000	
Ketoconazole 200mg	200	for tinea versicolor: 2 tabs only
Sterile Water 10ml.	3	